



**Glynn Shefford Memorial Run –**

Approximately 2.5 miles - Entries will be taken on the day – open to anyone over the age of 10

**Sunday, 29<sup>th</sup> September 2019 start time: 10.15am**

First Name

Surname

Address

County

Postcode

Telephone No:

Date of Birth

Age on 29.09.2019

Male  Female

E-mail address

**Age Group Rules – The competition year for Road Running Events shall be from 1<sup>st</sup> September each year to the following 31<sup>st</sup> August.**

Under 13	£5.00	<input type="checkbox"/>
Under 15	£5.00	<input type="checkbox"/>
Under 17	£5.00	<input type="checkbox"/>
17+ and over	£5.00	<input type="checkbox"/>

Are you running for Charity? Yes  No

If yes which Charity are you running for? \_\_\_\_\_

**In case of Medical Emergency on Race Day you must provide us with:**

**Name of Emergency Contact:**

**Emergency Contact Phone Number:**

TOTAL £

**Race Rules**

1. Entries to the Windsor Half Marathon – Glynn Shefford Memorial Run are personal to the applicant; entry fees are non-refundable and non-deferrable. Any runner who competes in another person's race number will be disqualified.
2. No refund can be given if the race has to be cancelled or postponed due to circumstances outside the race organisers' control
3. The race organisers reserve the right to refuse or cancel applications, including duplicate applications, or alter the date of the event, the course route or distance
4. The race organisers, sponsors, charities, suppliers and/or their agents will not be liable for any injury, loss or expense which may arise in consequence of your participation in this event save as to negligence
5. All runners are required to complete the personal, contact and health details form on the back of their race number.
6. No wheeled vehicles (pram's, buggies etc), dogs, following cycles allowed
7. We strongly recommend that you do not race wearing headphones, you need to be fully aware of the surroundings
8. Race marshals and medical team members have the authority to disqualify and remove any runner they consider to be acting dangerously, or to be unfit to compete
9. Disqualified runners will be removed from the race results, banned from future Windsor Half Marathons and reported to UK Athletics
10. Team Rules – We do not require competitors to wear official club or team vests.
11. Runners are required to give assistance to fallen runners, and to report any casualties immediately to the nearest first aid post or race marshal
12. In the event of any dispute the decision of the Race Referee and Race Director shall be final
13. Runners are NOT required to register before the race.
14. Check your bank statement for confirmation of acceptance
15. **Data Protection:** The Windsor Half Marathon complies with the Data Protection Act 1998 and you have the right of access to your personal records held on our computer. If you do not want your name made available to our sponsors, please tick the box. Opt out

**Declaration**

I have read the Rules and regulations and agree to abide with them. I also state that I am entering this race at my own risk and the organisers shall not be liable to any personal injury before, during or after the race.

**Signature**

**Date:**

**Please check your details and make cheques payable to: Running4Women Ltd/Windsor Half Marathon**

**Send entries to: Windsor Half Marathon Office 64 Wildacres, Wollaston, Stourbridge, West Midlands DY8 3PH.**

**Race Hotline: 01384 379028 Email: joanne@running4women.com**